## Lazarus come forth

Because of our covenant with Death and Sheol parts of us are trapped in the grave. Trauma and pain can have such an adverse effect on us that we end up in the grave; killing us. These parts of us know only Death and are like Lazarus which needs to be rescued and called forth from the grave.

Father, I stand before your court on behalf of myself, all parts of me, my seed line, blood line and those I represent in the spirit in all time, space and dimension. I bring all memory banks pertaining to me before Your throne - including those of my soul, spirit, body, cells, emotions, DNA, RNA, generations, seed, trauma and senses. I wilfully surrender them under Your blood. Under the safety of Your blood and love I choose that they can be accessed. I declare that there will be no backlash or whip lash physically, emotionally or spiritually, as these banks are opened. In the name of Yeshua and by the blood of the Lamb I cancel all curses, assignments, booby traps, seals, triggers, codes, cards and demonic strongholds (as well as anything else applicable but not specifically mentioned) placed around these memory banks to make them tamper proof and inaccessible. In the Name of Yeshua I fire all gatekeepers appointed generationally over these memory banks and take back the keys in the spirit. Father, I ask You to command Your angels to encamp around these memory banks in order to keep me safe and protected. I thank You for Your armour of Light and righteousness that are placed around these memory banks as a shield and sword. I declare Hab 3:19 over these memory banks: the Lord God is my strength, my personal bravery, and my invincible army, He makes my feet like hinds' feet and will make me to walk not to stand still in terror, but to walk and make spiritual progress upon my high places of trouble, suffering or responsibility. It is the desire of my heart to shine Your glory light on the traumatic events of my life. I acknowledge today that because of the legal right of sin, transgression and iniquity in my life and bloodline the doors of trauma to my life were opened and parts of my spirit died and is now entombed like Lazarus. I repent of these in the name of Yeshua. Forgive me my unrighteous lifestyle, thoughts and words.

Yeshua, because of my sin Your blood was not over all areas of my life, and because of this parts of me died. In Egypt you required Your people to mark their door posts so that spirit of death will not come upon them. But, today Father, I do this action in reverse and place Your blood on the sealed tomb of the trauma in my life where Your blood is a sign of resurrection power. I declare that there is life, restoration and truth in Your blood. Yeshua, I ask for Your grace and mercy to guide me in restoring the effect of trauma to my conscious, unconscious and subconscious mind. Where specific events, emotions and memories need to be exposed in order for me to walk in the freedom of healing I ask that Your Holy Spirit will guide, strengthen and encourage my spirit to enter into these.

Father, I know that true healing will only come when we deal with my emotions and feelings of these events in my life. I ask Your Holy Spirit to come and reveal to me and guide me into all Truth.

I bring my time line before You, generationally and specifically from my conception to present. I place the redemptive blood of the Lamb over my timeline and every instance and plan of the enemy from wishing to block me from walking in my God

given identity. I plant the cross of Yeshua in my time line and declare that it is finished. Yeshua new trauma so that I could be set free from trauma. By His stripes I am healed.

Father, I acknowledge today the effect that the trauma had on my belief system and emotions. I repent that I got angry with You, blamed You, turned away from You, believed that You are not to be trusted and that You never loved me. I realize that there are so many lies that prevent me from knowing your Truth. These lies are tombstones blocking my recovery from the spiritual, emotional and physical trauma in my life. Father, I acknowledge before You that my emotions and feelings have given me a double mind. I repent of this in the Name of Yeshua. It is time for me to be transformed away from doubt and unbelief into faith and trust. I am ready, Father. Please come and shine Your glory light over me. I ask for You to reveal your Truth over my emotions and memories because the truth shall set me free. I ask you to start changing my negative emotions into the Truth of your Word.

In the name of Yeshua I pray that You will send your warring angels to break the seals of lies and deception over my conscious, unconscious and subconscious mind and I fire the ungodly gate keepers. I declare over these seals that Yeshua is the Truth, the Way and the Life. As with Lazarus I declare that this sickness is not unto death but unto the Glory of God.

I acknowledge before You, that the pain and trauma was so intense that a part of my spirit died and was taken captive in a tomb. I know that the enemy had the legal right to remove this portion of me to another dimension, time and place and that I am a prisoner there. I choose to renounce all inner vows I made in order to be able to cope with the pain and trauma. Yeshua, the three days you were in the grave was not wasted time. It was a time of warfare, conquering and victory over death. I ask that Your spirit of Life and Light will come and visit me in this tomb of trauma and to bring restoration and healing to my spirit. I need You! Please, reveal to me the judgments in my bloodline for it is the desire of my heart to repent of these.

I ask Yeshua that Your glory light will reveal the trauma we need to work with today. I bring the time, cause, effects, memories, issues, senses, seals, lies, negative thoughts and emotions, spiritual attachments and residue of these traumatic events before you. Guide me into the fullness of Your truth. I ask that the lies of the enemy will be exposed in this memory.

Father, search my heart, words, thoughts and actions and show me the origin of these feelings and emotions. I ask You to go to the very root of my being so that this can be resolved. Search every generation and all of my memory banks in all time, space and dimension. Father, help me to realign my spirit, soul and body into harmony with Your truth and my true identity in Yeshua. I ask You to continue doing this until Your life, light, love, truth, righteousness, peace, healing and joy is completely restored in me. Restore me in such a way that forgiveness will flow from every part of me. Today, I choose to forgive those who were involved in this trauma in all places and circumstances. By the blood of the Lamb I surrender all emotions and memories of pain, bitterness, hate, confusion as well all others stored in all memory banks - in me, in all parts of me and those of my generations. I choose to

forgive myself for every distorted perception and destructive behaviour and everything that has contributed to these emotions I feel. I ask you not to only restore and redeem this memory, but to resurrect my cells, senses, behaviour, thoughts, image, seed, DNA and RNA with Life and Light as well as all data in my memory banks. I repent for all in my generations who have traumatized, manipulated, dominated or controlled others through fear and torment. I cover these by Your blood.

I know that my sin, transgression, iniquity as well as trauma have altered my DNA, RNA and Epigenetics so that I no longer am a representative of Your true image and likeness. Father, I repent of this and come and ask for a supernatural blood transfusion to take place in this part of me. I need Your character, strength and truth from Your blood in order to be able to leave this place. By the blood of the Lamb I cancel all frequencies in my DNA, RNA and Epigenetics that run 666 programming and change them in the name of Yeshua into His 777 image and likeness. As this is done I declare that the 777-restoration blood of Yeshua is also applied to the issues, affects and residue of this trauma in my life.

I declare that Your resurrection power will restore life, wholeness and truth to my humanity. In the name of Yeshua, I ask that all demons be bound and workers of darkness be constrained that continue my torture around this trauma. I place all systems that keep this in operation into Your glory light and command them to malfunction in the name of Yeshua. I repent of the legal right that these entities have in my blood line and seed line that gives them leeway to torture me. By the blood of the Lamb I silence all sirens of fear, terror, fright, danger and dread in the spirit and replace them with Godly discernment.

(This part could also be done prophetically)

Father, I now ask that You would release this part of me from the dimensions, place and time of captivity. As with Lazarus I ask that the stone will be removed from this cave or tomb where I am held captive. I call this part of my spirit from the tomb and say: Lazarus come forth!

Father, by faith I now remove all grave clothes, bandages, chains, ropes or method of restrained put upon my spirit. And I declare if the Son sets you free, you will be free indeed (John 8: 36)

As part of this process, I ask in the name of Yeshua, that You will remove the numbing effect of medication and or anaesthetics or drugs I was put upon, at the time, during or after of the trauma - in order to keep me isolated - not facing the pain and trauma. In the name of Yeshua I take authority over every part of me and cancel the effects of the trauma on all levels of my body including my cells and senses, soul (will, thoughts and emotions) as well as my spirit. I cancel the effects of fright, terror, toxins or drugs my body has either produced naturally or were ingested or injected to me. I bring all excess enzymes into Godly order and cancel the effect of all fear because of further medical procedures and surgeries. I declare that this is all done without harm or injury to any part of me.

I bless my lymphatic system and other systems to safely remove all wastes, toxins, poisons, or any other product or by-products which is a result of the trauma, from my body. I also bless my body to expel any foreign elements my body has received or bonded with or produced because of the trauma. In the name of Yeshua I command the long- and short-term effects of the trauma including the injuries, stress, tension, worry, anxiety, fear or wounding that is associated with the trauma, to leave me now. In the name of Yeshua, I ask His angels to destroy and remove all demonic attachments, recorders, cameras and movies that are used to hook my senses into the traumatic event. I wash all memories and cell imprints of sounds, smells, vibrations, tastes, feelings and touch with the blood of the Lamb.

Yeshua, I ask that You would disconnect these parts of me from all second heaven entities, principalities, powers, dominions, thrones, rules and demon agents. On the grounds of my repentance and blood covenant with Yeshua I declare that they no longer have the right to torture me. YHVH, I now report them to You. Yeshua, I ask that You would shut down and close all pathways, portals and means of access and communication between my parts and these second heaven entities listed above as well as the tombs of my past. Today, I draw a line in the spirit and declare that it will be impossible to take me back to this tomb. Hide me in Your blood.

I also bring my dream portal and unconscious and subconscious portals of communication under Your blood and sever all communication lines and systems with the forces of evil. I declare in the Name of Yeshua that all demonic access to these portals will now cease and desist. I cancel all recurring programming and patterns established in my dreams and unconscious and subconscious mind. In the name of Yeshua and by His blood I remove all evil markings upon me, physically or spiritually, as well as all signals and magnets that are used to track me in the spirit. I shut these in the name of Yeshua. In the Name of Yeshua I cancel any evil assignment against me in all time, space and dimension. I ask Yeshua that You would come and remove all shock, after shock, fear, terror and shame from my DNA.

In the name of Yeshua I also cancel all assignments of familiar spirits, human interjects and spirts involved and activated through this trauma. I pray that You would unify this broken part of my spirit and or soul with my core self in current time, space and dimension. Holy Spirit I ask that You would walk with this part of me through all my years on earth in order to supernaturally equip and mature me for life in current time.

I come and bless the re-establishing of the connections between my right and left brain hemispheres. Father, because of the trauma there might be some injury to these hemispheres. I ask You to breathe your life-giving breath onto my brain. I ask that You would synchronize and reactivate those parts of my hemispheres in order to fully function again. Please restore to me the functionality of explicit and implicit memories. I bless the amygdale and hippocampus and ask Lord that You would restore, enhance and repair all functionality so that their healing can progress rapidly.

Father, in the Name of Yeshua, I also ask that You would restore and re-establish my sleep patterns. I dedicate my dream portal onto YHVH and declare that I will

receive only Godly dreams, angelic visitations and visions in the night seasons that will enlighten, instruct and direct me.

In the name of Yeshua I dismantle all automatic human responses of fright, triggers, fears and phobias gained as a result of trauma. Father, as part of the restoration process I come and ask that You would rebuild, re-establish, re-create and reconnect all chemical connections that is broken or improperly connected because of the trauma. I also bless my stimulus meter to respond to the appropriate levels of high and low stimuli. I bless the fear centre of my brain with healing.

I bless my spirit and DNA to be moulded into the fullness of the spirit of wisdom, understanding, council, might, knowledge, fear of the Lord and to be filled with the Holy Spirit. I engage my faith and declare that I am a new creation in Yeshua. I am an overcomer, I am wonderfully and fearfully made. I bless my DNA, RNA and Epigenetics with His shalom and dominion over every part of me. I declare that You have not given me a spirit of fear, but one of power, love and a sound mind. I bless my DNA, Epigenetics and RNA to be containers of love, grace and the power of the Holy Spirit. I bless every cell to be restored to perfect order and vibration. I plant the cross of Yeshua between myself and all past generations. I bless my heart and all unmet needs with love, peace, rest and order. I bless my DNA, RNA and Epigenetics with truth, love, light and restoration power. I bless my DNA, RNA and Epigenetics to trust in, hope in and rely on YHVH as my shield and high tower.

I bless all cells, muscles, organs, ligaments, tendons, bones and bone marrow with Shalom and restoration. I bring Yeshua's healing power to every area where my spirit has been crushed, tortured or broken. I bless these areas with vitality, health, strength and vigor.

I now instruct this part of my spirit to go! Live a life unto the glory of God. I bless this part of my spirit to seek Him constantly because He is the all sufficient One.

I pray this in the Name of Yeshua.