## Presenting generational strongholds in the courts of heaven

Our thoughts and imaginations create cities in which our brokenness dwells. These are the places of trauma, pain, sexual sin, pride, performance, sickness and disease and so many others from which we live our everyday lives. Each of these places has their own laws, vocabulary, religion and we are citizens here. These thoughts represent our own and the mindsets of our generations. They are strong holds that keep us captive. We were created to live, move and have our being IN HIM. But, the truth is that we are stuck, trapped and do dark kingdom service in these strong holds.

### **Opening statement for protection**

Father, I – my core, come before You in the name of Yeshua through the blood of the Lamb. Father, I ask in the name of Yeshua that the books will be opened over my humanity, generations, my blood line and seed line. I also ask that all backups and copies will be present in the court so that these can be judged in totality. Father, I agree with every inscription that is testifying against me. I am guilty. I call on my Advocate and Counsellor to state my case on my behalf where I am lacking in knowledge, vocabulary and protocol. Father, I ask that the men in white linen and the great cloud of witnesses will be present to testify on my behalf. In the name of Yeshua I call on the testimony of the blood of the Lamb as witness.

On behalf of my humanity and all those I represent in the spirit I choose today to surrender the battle in my mind, body, soul and spirit unto You. I declare that the battle is the Lord's. In the name of Yeshua I choose to surrender every wound that has created a stronghold over my life before the throne of grace. Your Word states that as a man think's he is. Father, I am trapped in generational mind set's and belief systems and thought patterns. Today, my core, come into Your courts on behalf of the broken parts. Father, I choose today that Truth and Light may enter these strongholds. My petition is that my mind will be unhooked from their generational setting and that I will be able to set my mind on the things of the Kingdom of Light.

I call upon Your name and your Word as it is given in Is 61. Yeshua came to set the captives free and to heal the broken hearted. I am captive and broken. I am in need of rescuing, healing and salvation. I surrender every wound. I ask that the whole system represented by my brokenness will be made safe in the name of Yeshua, saturated by the blood of the Lamb. I ask that all reporters will be restrained. I forbid all communication with the kingdom of darkness. I ask that the motherboard of all associated programming will be shut down through the blood of the Lamb. I forbid all recordings in the name of Yeshua. I forbid all remote viewing in the name of Yeshua. I forbid any and all interference from the kingdom of darkness and its associated workers whether human or spirit. In the name of Yeshua I bring every curse, counter curse, booby trap, bomb or any other destructive device under the blood of the Lamb - rendering it useless and powerless. In the name of Yeshua I rebuke all deceiving and mesmerising spirits. I welcome the spirits of truth and repentance. In the name of Yeshua I place all ungodly ties and control bonds under the blood of the Lamb. I bring every broken piece under the shadow of His wings. May peace flood their being. In the name of Yeshua I surrender every vow, assignment, agreement, contract and covenant which are testifying against me under the blood of the Lamb. I annul and cancel these and choose to divorce the spiritual entities attached to them. Father, I ask that the watchman on the walls of my strongholds will be blinded and bound. I ask that they will not be able to communicate with the military forces inside of the strongholds. Please bind the hunters and

watchers, the parental spirits, torturers, false healers, gate keepers. In the name of Yeshua I declare the ancestral demonic network powerless and stripped. In the name of Yeshua I ask that the blood of the Lamb will seal off my humanity with all its associated brokenness. I surrender all cell memory carrying the pain, trauma, sin transgression and iniquity under the blood of the Lamb for sanctification and healing. I also surrender all clones, personalities and copies of my humanity, blood line and seed line before Your throne. In the name of Yeshua I surrender all self-defence mechanisms associated with these strongholds – shutting them down through the blood of the Lamb. I declare that all alarms are deactivated in the name of Yeshua. I declare that there will be no backlash, reprisal, repacking, restructuring of any kind or form because of what is presented before your courts today. I thank you King of kings and Lord of lords. I exalt you, I praise you. I think of your wonderous mercy, love and kindness. I declare that every knee will bow and every tongue will confess that you are the only true God.

#### Repentance and responsibility

Father, I repent of my sin, transgression and iniquity that form the walls of these strongholds. I ask that it will be written that I choose submission over rebellion, humility over pride and Godly protection over self-protection. I repent of every instance where I have judged unrighteously. I repent for the self-hate and self-help structures we have generationally erected. I repent for every structure apart from your name as strong tower in which my hope has been anchored. I choose today, that these chords of false hope will be severed and these ungodly structures be removed.

In the name of Yeshua I declare that I do not love or honour the king or strongman appointed over my strongholds. In the name of Yeshua I choose to annul my covenant with these kings and ask for a divorce from them as well as all associated dark kingdom workers. In the name of Yeshua I ask that all control bonds I have with them will be severed. In the name of Yeshua I repent for the altars which have been erected in these strongholds. I repent for every act and sound of worship which I have brought as an offering on these altars. Father, where I am lying on these altars as an offering or generational sacrifice I ask that the blood of the Lamb – and the death of Yeshua on the cross – will remove my humanity from this altar. I repent and take full responsibility for every other person which I have sacrificed on this altar. I give up my generational position as high priest of this stronghold. I surrender all ranking, powers, authorities, responsibilities

Father, I repent for my reliance and association with all soul copies in this stronghold. I choose today that all soul as well as time and place ties, which I have with these, can be severed through the blood of the Lamb. I choose to be divorced from this dark cloud of witnesses around me. I take full responsibility for my inner world – the cities of my mind which I have created through my thoughts and dark imaginations. In the name of Yeshua I ask that my senses be unhooked from all communication systems, feeding tubes and programming devices in these strongholds. In the name of Yeshua I repent and take full responsibility for the fruit of my emotions, thoughts and will that have been generated from this stronghold. I repent that my identity and destiny have been sold to these dark cities. I choose to give this up as well as the corresponding legacies. In the name of Yeshua I bring every wound under the Light of your Truth. Father, I ask that all lies will be exposed and that Your truth will present itself so that I can be set free. In the name of Yeshua I thank you for guiding me into all truth. Please wash the cell memory which I carry with the blood of the Lamb. I ask that you would remove the knife from my heart so that I can be healed. I choose that all the memories which I carry will be placed in the wounds of Yeshua, thank you for preparing a way for me. In the name of Yeshua I choose to forgive those who have hurt me. I also choose to forgive myself for the inner conflict, inner hate, inner confusion, torment and neglect which my brokenness has caused within me. Father, I ask that Yeshua will meet with me in the brokenness and that He will take me away from the precipice of suicide, destruction and hate where I am at. In the name of Yeshua, I also ask that the false fires of torment will be quenched by your Living Waters — no longer to frighten and torture me. In the name of Yeshua I ask that all mirrors and monitors will be washed with the blood of the Lamb silencing their images, sounds and vibrations. Father, I repent of every bitter root judgment which I am guilty of and to which I am generationally rooted. Please forgive me and uproot my humanity from these feeding tubes of bitterness, anxiety, stress, torture and lies.

In the name of Yeshua I take full responsibility and repent for the sins which this part of me have committed in this stronghold. I repent of every emotion that was not obedient to the plumbline of the fruits of the spirit. I willingly surrender all unresolved issues and unmet needs before Your throne. I need you Lord. In the name of Yeshua I now choose to surrender every thought into obedience to Christ. I thank You that the walls of this stronghold will now start to dissolve as they are placed, censored, washed and redeemed by the blood of the Lamb.

In the name of Yeshua I repent of the 'double' call which I am living from this stronghold. I choose to give up every double so that my original self can be restored to Your original purpose and plan. I choose to give up any counter or double scroll. In the name of Yeshua I ask that every measuring device – the rulers and scales – will be removed from my humanity – that constantly tell me that I am not good enough. I declare today – I am sufficient in Christs' sufficiency.

# Repenting of generic towers and strongholds as they are presented in the Word

Father, I thank you for every example of stronghold and tower which you have described in your Word. I understand that a stronghold is like a fortified castle in the spirit and that my occupying of this castle has left me isolated, restrained, clamped down, confined besieged and fortified. I choose to no longer be a citizen of this mind set. In the name of Yeshua I declare liberty and restoration.

In the name of Yeshua I repent and renounce my presence in the

- Stronghold of distress
- Stronghold of fear
- Stronghold of riches
- Stronghold of hopelessness
- Stronghold of pride
- Stronghold of confounding
- Stronghold of burdens
- Stronghold of self-protection and bloodshed
- Stronghold of secrecy and witch craft
- Strongholds of the names of other gods
- Strongholds of Egypt, Babylon, Sodom and Gomorrah and the bondages they represent
- Strongholds of pride, rebellion and arrogance
- Strongholds of death
  - As well as all others applicable reveal them to me, I pray.

In the name of Yeshua I also surrender every generational stronghold of pain, trauma, denial, rejection as well as all others I need to become aware of. Guide me Lord, in repentance. In the name of Yeshua I bring every curse associated with these strongholds under the blood of the Lamb, cursing them to their very roots. Me and my house and generations will never eat of your fruit again. In the name of Yeshua I declare that every snare associated with these strongholds are now ineffective through the blood of the Lamb.

In the name of Yeshua, I acknowledge that my humanity is stuck in the high towers of these strongholds. I repent for the following deeds, thoughts and actions that have brought me and my generations into bondage of these strongholds. I repent that my presence in these dark towers have caused my spirit, soul and body to be twisted. I repent for the false rostrum of excellence, promotion, boasting and advance which these strongholds represent in the spirit. I choose to give these up, through the blood of the Lamb. I choose to renounce the false pulpits associated with these towers. In the name of Yeshua I renounce and denounce the dark plans, devices, plots and evil purposes which were my duty and assignment as a generational watchman on these dark towers. I give this position up, today.

In the name of Yeshua I repent that the enemy could confine me in these strongholds because of my

- Making and creating of idols
- Serving of graven images
- Hatred for Zion and your righteous territory
- Anger against the Lord
- Deserting of our generational righteous territory
- Persecuting of others
- Wickedness, sins, transgressions and iniquities
- Youthful sins and lusts
- Ungodly divining, prophesying and seeing
- Judging of others

I repent of every instance where these strongholds have caused me to betray trust and to violate faith. Please forgive me. I also surrender the strongholds of guilt, lying and shame before You. Yeshua, I no longer want to live here. I give up the rights and privileges which these have given me generationally. In the name of Yeshua I bring the fire of God against these strongholds and release the sound of the Word against them.

## **Restoration of Godly strongholds**

As I declare the following scripture I ask that the walls will start to crumble just like the walls of Jericho did.

2Sa 22:3 - 51 My God, my Rock, in Him will I take refuge; my Shield and the Horn of my salvation; my Stronghold and my Refuge, my Savior--You save me from violence. I call on the Lord, Who is worthy to be praised, and I am saved from my enemies. For the waves of death enveloped me; the torrents of destruction made me afraid. The cords of Sheol were entangling me; I encountered the snares of death. In my distress I called upon the Lord; I cried to my God, and He heard my voice from His temple; my cry came into His ears. Then the earth reeled and quaked, the foundations of the heavens trembled and shook because He was angry. Smoke went up from His nostrils, and devouring fire from His mouth; coals were kindled by it. He bowed the heavens and came down; thick darkness was under His feet. He rode on a cherub and flew; He was seen upon the wings of the wind. He made darkness His canopy around Him, gathering of waters, thick clouds of the skies. Out of the brightness before Him coals of fire flamed forth. The Lord thundered from heaven, and the

Most High uttered His voice. He sent out arrows and scattered them: lightning confused and troubled them. The channels of the sea were visible, the foundations of the world were uncovered at the rebuke of the Lord, at the blast of the breath of His nostrils. He sent from above. He took me: He drew me out of great waters. He delivered me from my strong enemy, from those who hated me, for they were too mighty for me. They came upon me in the day of my calamity, but the Lord was my stay. He brought me forth into a large place; He delivered me because He delighted in me. The Lord rewarded me according to my uprightness with Him; He compensated and benefited me according to the cleanness of my hands. For I have kept the ways of the Lord, and have not wickedly departed from my God. For all His ordinances were before me; and from His statutes I did not turn aside. I was also blameless before Him and kept myself from guilt and iniquity. Therefore the Lord has recompensed me according to my righteousness, according to my cleanness in His [holy] sight. Toward the loving and loyal You will show Yourself loving and loyal, and with the upright and blameless You will show Yourself upright and blameless. To the pure You will show Yourself pure, and to the willful You will show Yourself willful. And the afflicted people You will deliver, but Your eyes are upon the haughty, whom You will bring down. For You, O Lord, are my Lamp; the Lord lightens my darkness. For by You I run through a troop; by my God I leap over a wall. As for God, His way is perfect; the word of the Lord is tried. He is a Shield to all those who trust and take refuge in Him. For who is God but the Lord? And who is a Rock except our God? God is my strong Fortress; He guides the blameless in His way and sets him free. He makes my feet like the hinds' [firm and able]; He sets me secure and confident upon the heights. He trains my hands for war, so that my arms can bend a bow of bronze. You have also given me the shield of Your salvation; and Your condescension and gentleness have made me great. You have enlarged my steps under me, so that my feet have not slipped. I have pursued my enemies and destroyed them; and I did not turn back until they were consumed. I consumed them and thrust them through, so that they did not arise; they fell at my feet. For You girded me with strength for the battle; those who rose up against me You subdued under me. You have made my enemies turn their backs to me, that I might cut off those who hate me. They looked, but there was none to save--even to the Lord, but He did not answer them. Then I beat them small as the dust of the earth; I crushed them as the mire of the street and scattered them abroad. You also have delivered me from strife with my people; You kept me as the head of the nations. People whom I had not known served me. Foreigners yielded feigned obedience to me; as soon as they heard of me, they became obedient to me. Foreigners faded away; they came limping and trembling from their strongholds. The Lord lives; blessed be my Rock, and exalted be God, the Rock of my salvation. It is God Who executes vengeance for me and Who brought down [and disciplined] the peoples under me, Who brought me out from my enemies. You also lifted me up above those who rose up against me; You delivered me from the violent man. For this I will give thanks and extol You, O Lord, among the nations; I will sing praises to Your name. He is a Tower of salvation and great deliverance to His king, and shows loving-kindness to

His anointed, to David and his offspring forever.

Father, I choose today to trust in, lean on and rely upon You. I choose to tie my chords of hope to your name. Father, please restore to me the strongholds of your

- Names and provision
- salvation and strength
- fulfilment and fire
- light and truth

In the name of Yeshua I choose to live, move and have my being IN you. I ask that all of my original self will be placed in You as my rock, strong tower and safe place. I choose to

accept and love myself. I choose to place my identity and destiny in you.

The Lord is my Rock, my Fortress, and my Deliverer; my God, my keen and firm Strength in Whom I will trust and take refuge, my Shield, and the Horn of my salvation, my High Tower. Ps 18:2

For You have been a shelter and a refuge for me, a strong tower against the adversary. Psa 61:3

I declare that Your name is my strong tower. I choose to place all of me and to wrap my humanity around the provision of Your names – anchored and rooted in the Father, the Son and the Holy Spirit.

In the name of Yeshua I trade back our generational blessings, territory and scrolls. I give myself as a holy sacrifice unto You. In the name of Yeshua I choose to set my mind on the things that are above. Teach me the things of your Kingdom, I pray. I thank you for peace, hope and love to bring me into the fullness of Your promises.

In the name of Yeshua I pray.